



**THE GRANT WEEKLY**  
*Grant High School Newsletter*  
January 15, 2021



Also can be viewed on our [website](#)



*Dear Grant Community,*

*Along with the direct health consequences from the pandemic, there are a number of side effects this has caused within our community. Watching our local news, it is obvious that there is an uptick of crime throughout Portland. Given the situation surrounding us, I urge you to take extra vigilance supervising your children as our community confronts this challenge. A reminder that [SafeOregon](#) is a confidential way to report crimes and conflicts (anonymously if necessary).*

*A big thank you to our GHS community for supporting our Grant softball team's tree recycling fundraiser. With your generous donations they were able to raise over \$4,000 last weekend.*

*We are pleased to announce beginning with the 2021/22 school year GHS will be partnering with Rafael House and Volunteers of America to provide confidential "Privileged Teen Advocates" who students can report to if they do not feel comfortable talking to school staff. Please see more information on the next page.*

*Go Generals!!*

*James McGee  
Principal*

# CONFIDENTIAL ADVOCACY

A Unique Partnership to End the Cycle of Violence



## WHAT DOES AN ADVOCATE DO?

An advocate provides confidential support to PPS youth of all genders, connects them to resources, and walks alongside them regardless of whether they decide to formally report to law enforcement or participate in a school-based investigation under Title IX.

### GUIDING PHILOSOPHY

This important collaboration between PPS, RH & VOA is based on a shared vision that everyone deserves to live a life free from violence. We believe that to reach our goal, we must start early in the K-12 years.

### FREE & CONFIDENTIAL

Free, 100% confidential support for PPS students who experience abuse, sexual or dating violence. Unlike school staff, advocates are **not** mandatory reporters under the law.

### ADVOCACY & TITLE IX

Title IX is a law that prohibits all forms of sexual harassment at school including sexual assault, dating violence & stalking. This also includes bullying or harassment that occurs online, on social media or using other forms of technology to intimidate, coerce or cause fear. Visit [www.pps.net/titleix](http://www.pps.net/titleix) to learn more about your rights.

### NON- JUDGEMENTAL

Advocates provide individualized, non-judgmental support to help you develop coping strategies and can assist with safety planning, attend meetings or medical appointments with you and/or refer you to other resources.

### EQUITABLE RELATIONSHIPS

Advocates empower students, teachers, and parents to change school culture, so everyone understands what healthy, equitable teen relationships look like and how to promote them.

### SCHOOL PROGRAMMING

Dedicated to advocating for safe and equitable relationships through workshops, trainings, and peer-led programming throughout the Portland Metro area. Workshops are flexible and designed to meet the diverse needs of school communities.



SAMANTHA (CALL/TEXT) 971.266.9030 OR [SCOHEN@RAPHAELHOUSE.COM](mailto:SCOHEN@RAPHAELHOUSE.COM)

PAMELA (CALL/TEXT) 503.388.8211 OR [PZIGOV@VOAOR.ORG](mailto:PZIGOV@VOAOR.ORG)

*Learn more about advocates in this [video](#)*

# YOU DON'T HAVE TO GO THROUGH THIS ALONE. ASK FOR HELP.

8 OUT OF 10 STUDENTS WILL BE  
SEXUALLY HARASSED BY A CLASSMATE  
DURING THEIR K-12 YEARS..



1 IN 3 ADOLESCENTS WILL BE A VICTIM  
OF PHYSICAL, SEXUAL, EMOTIONAL OR  
VERBAL ABUSE BY AN INTIMATE PARTNER.

**SEXTORTION**, AN EMERGING FORM OF  
HARASSMENT, IS WHEN SOMEONE THREATENS  
TO REVEAL INTIMATE IMAGES TO GET YOU TO  
DO SOMETHING YOU DON'T WANT TO DO.



[WWW.PPS.NET/TITLEIX](http://WWW.PPS.NET/TITLEIX)



- **MENTAL HEALTH RESOURCE INFORMATION:**

- \* [Catrina's Virtual Office](#) (Grant school Social Worker) For more information visit our [GHS Resource Center website](#).

- [Drop In Social Emotional Support Group](#)

- [Reach Out Oregon Warmline](#) 1 833 732 2467

Monday-Friday 12-7pm

Parents know how lonely it is to care for a young person experiencing emotional, behavioral and mental health challenges. It can be frightening and isolating. It's hard to know where and how to reach out for help and information. As caregivers, we have experience navigating challenges on behalf of our children and families. And as a community, we have much to offer one another. This is what Reach Out Oregon is all about, a supportive community where you will find a support team: Parent to Parent.

- Conversations with Spanish Speaking Latinx Families on issues of mental health: Charlas Comunitarias sobre el Bienestar y la Salud Emocional <https://www.facebook.com/charlascomunitarias/> As a resource, here are the links to past recorded workshops:

- [Substance and Drug use in Latino Families & Adolescents during COVID-19](#)

- [Safe and Strong Helpline](#): 1 800 923 4357

Available 24/7 with interpretation

A collaboration of Oregon Health Authority and Lines for Life

This is an emotional support and resource referral line that can assist anyone struggling and seeking support. Callers do not need to be in crisis.

- Student Success and Health Department

<https://sites.google.com/pps.net/ssh-covid19/home>

- Call to Safety: If you are an adult and worried about your safety at home, 888-235-5333. Interpretation line available.

- Proyecto Unica: Spanish version of Call to Safety, 503-232-4448
- Multnomah County Crisis Services: Call Center/Crisis Line, 503-988-4888 (24 hours a day, 7 days a week). Interpretation services are available.
  - National Suicide Prevention Lifeline: English, 800-273-8255; Spanish, 800-628-9454 (24 hours a day, 7 days a week). Interpretation services are available.
  - Oregon Youthline: For youth to connect with other youth, text "Teen2Teen" to 839863 to instantly text with another person. Interpretation services are available.
  - Trevor Project: Supporting LGBTQiA+ youth. Text "START" to 678678 or call TrevorLifeLine, 1-866-488-7386
  - Trans Lifeline: Supporting trans community members, call 877-565-8860
  - DHS Hotline (Oregon Department of Human Services) If you are worried about the safety of a child, 855-503-7233. Interpretation services are available.

• **GRADING PERIOD ENDS JANUARY 28, 2021**

Just a reminder that there are 14 days left until the end of the grading period. In the 4x4 schedule students are wrapping up the second "semester" of the courses they are currently in. This term ends on January 28th and the grades that students end with will post to their official transcript. We will not be holding a traditional finals week schedule the last week in January. Starting February 1st, students will have four new classes which they will take until school ends in June. As we approach the start of February we will make sure to update students and families with more information. In the coming days, please take time to talk with your student to ensure that all assignments are turned in and have them update you on any assignments or assessments they may have coming up in the next few weeks.

**Schedule for Week of January 18th (No School Monday)**

	Tuesday	Wednesday	Thursday	Friday
<b>8:00-9:00</b>	Applied Learning			
<b>9:15-9:55</b>	Period 1	Period 1	Period 1	Period 1
<b>10:00-10:40</b>	Period 2	Period 2	Period 2	Period 2
<b>10:45-11:25</b>	Period 3	Period 3	Period 3	Period 3
<b>11:30-12:10</b>	Period 4	Period 4	Period 4	Period 4
<b>12:10-12:40</b>	Lunch			
<b>12:45-1:55</b>	Period 1	Period 2	Period 1	Period 2
<b>2:00-3:15</b>	Period 3	Period 4	Period 3	Period 4
<b>3:15</b>	Student Clubs may meet after school virtually			

• **END OF SEMESTER BOOK RETURN**

Please return any textbooks and library books you have checked out. This is essential as these textbooks/novel sets are needed for distribution to other students for next term.

Materials can be turned in at the front doors of Grant  
 Tuesday, January 19th - Thursday, January 28th, 3 - 6 p.m.  
 Friday, January 29th, 8 a.m. - 4 p.m. Masking required.

- **LEARNING MATERIALS & TECHNOLOGY PICK-UP AND DROP-OFF**

If you need to pick up or drop off textbooks, library books, classroom materials, or technology, or purchases from the Student Store, a staff member will be able to help you on school days from 3:15pm to 4:00pm. Please go to the front doors. Masking required.

- **THANK YOU FROM THE GRANT SOFTBALL PROGRAM**

I would like to thank my coaching staff, Portland Disposal & Recycling, Wood Waste Management, and the Grant community for the generous support and donations during our annual tree recycle this past weekend. It exceeded all expectations and was a huge success. Thank you for supporting Grant Softball. Coach Debbie

- **NEWS FROM OUR RESOURCE CENTER**

1) The NAACP is committed to helping ensure African Americans maintain their wealth and financial security during this unprecedented time of COVID-19. We are partnering with BeyGOOD to provide one hundred grants up to \$5,000 each to families who are delinquent in their home mortgage or rental payments. [Application](#) deadline is January 21, 2021.

2) Thursday, February 4, 5:30-7: [I Didn't Sign Up for This! Practical Guidance for Parents During the Pandemic](#) with Licensed Psychologist, Dr. Amy Stoeber and Parent Mentor, Raylene Edwards. This free workshop and series will: Address concerns and create a safe space for families to process stress in their current environment; Offer tangible tools for parents to support their children and manage overwhelming stress.

3) Parent Resources: Lines for Life, through its Helpers Helping Helpers programming, has launched a variety of “wellness room” spaces on Zoom for folks to attend freely and seek support, share resources, and overall sit together in community during the pandemic. The organization has two exciting programs that have been made with schools in mind – a Wellness Room for educators AND a new Wellness Room for parents! This is a statewide and FREE resource that is meant to support – please do not hesitate to spread the word! Some Wellness Rooms are also available in Spanish.

Educator Wellness Room: Wednesdays at 3 pm.

<https://zoom.us/j/93508635429>

Parents Wellness Room: Tuesdays at 3 pm.

<https://zoom.us/j/95044969902>

Parent Wellness Room: Thursdays at 3 pm.

<https://zoom.us/j/95961979853>

4) [At Home Strategies for Distance Learning](#): incredible resource from the Portland Public School's Multi-Tiered Systems of Supports (MTSS)!

5) We are aware that parenting during a pandemic presents it's own challenges. If your family is in need of financial or food support, please reach out to our social worker, Catrina Knoerzer: [cknoerzer@pps.net](mailto:cknoerzer@pps.net) Below is a form to assess if there is interest in parent support services. Please help us figure out how to best support you!

<https://forms.gle/4a5anaU1BHBt9vVf9>

- **PTA NEWS**

**Screenprinting Student Group Fundraiser to benefit Blanchett House**

A group of students in Ms. Yarne's Screen Printing program has designed a T-Shirt, which they will be producing and selling with all proceeds to benefit Blanchett House, a local social service agency supporting homeless people. PTA is happy to support this project by hosting the sale link on our store site. The sale begins on Monday, Jan 11th and all orders should be placed by the end of the day on Friday, Jan 22nd.

<https://grantpta.new.memberhub.store/>

## PTA Awards Classroom Grant to support 9th Grade Physics Teaching Team

At our January PTA meeting, we awarded our first classroom grant of the year to support the purchase of hands on learning at home materials for the 8 second semester freshman Physics classes that will begin in February. Our PTA Classroom Grant program gives teachers the opportunity to fund creative curriculum activities for their courses. If you would like to support this and other PTA programs in our school, please consider becoming a member of the PTA by paying \$25 annual dues and/or making donation at our webstore.

<https://grantpta.new.memberhub.store/>

We welcome your questions, ideas, and participation! Please join us at our monthly meetings on the second Tuesday of each month. You can reach out to us via email at [grantpta@gmail.com](mailto:grantpta@gmail.com).

**The Grant PTA welcomes your active engagement** as we seek to serve and support the Grant community. If you are interested in getting involved, please email us at [grantpta@gmail.com](mailto:grantpta@gmail.com) or just show up at a PTA meeting on the second Tuesday of each month at 6:30pm. Our meetings and activities are always open to all.

If you would like to support the Grant PTA by becoming a member and/or making a donation, please follow this link: <https://grantpta.new.memberhub.store/>

- **YOUTH RESOURCE APP NOW AVAILABLE FOR APPLE AND ANDROID USERS**

Search "youth resource app" in the Apple app and Google Play app stores. The Youth Resource App is a free resource for all Portland area youth, funded by PPS and created by the PPS mental health advisory team along with 100+ PPS students. PPS does not specifically endorse any of the listed agencies. Each organization has their own independent mission and vision. We know the app is likely missing some information. Consider this the 1.0 version.

If a student does not have a phone, they can access the same information on their chromebook at [this URL](#). Email us to give feedback. [youthresourceapp@pps.net](mailto:youthresourceapp@pps.net)

- **CLASS OFFERED FOR BLACK & AFRICAN AMERICAN PARENTS/CAREGIVERS OF CHILDREN WITH MENTAL HEALTH BARRIERS**

This life changing 6-week course is being offered for free by NAMI (National Alliance on Mental Illness) starting January 14, 2021. Here is the [flyer](#) for more information. To register call [503-228-5692](tel:503-228-5692)

- **UPCOMING FUNDRAISERS**

> Screenprinting Student Group Fundraiser to benefit Blanchett House

A group of students in Ms. Yarne's Screen Printing program has designed a T-Shirt, which they will be producing and selling with all proceeds to benefit Blanchett House, a local social service agency supporting homeless people. PTA is happy to support this project by hosting the sale link on our store site. The sale begins on Monday, Jan 11th and all orders should be placed by the end of the day on Friday, Jan 22nd. <https://grantpta.new.memberhub.store/>



> *Unified Sports Takes The Plunge!*

Grant Unified Sports and Team Together Club will be participating in the BRRR...tual Polar Plunge and 5k in February. Since all events are virtual, there are far fewer barriers to joining the team this year! Invite all your friends and family to participate! Proceeds benefit Special Olympics Oregon and the Grant Unified Sports program. This event is not just for Grant Students/Staff, anyone can join and/or donate at the following [link](#). For further questions, please email me at [abrooks1@pps.net](mailto:abrooks1@pps.net)

- ***PICTURE RETAKE DAY RESCHEDULED TO FEBRUARY 24TH!***

Due to the pause mandated by Gov. Kate Brown we have rescheduled our Picture Retake Day to February 24th. We will share more information as we get closer to the date.

- ***TESTING***

Due to ongoing COVID-19 restrictions and the timing of the January PSAT/NMSQT test date, our school district has determined that January testing will not be possible in PPS this year. This is a hard decision, but we needed to make it based on ODE state guidance.

We know we have students who were looking for this opportunity to qualify for the scholarship program. Fortunately, there is an alternative method for students to qualify. For juniors wishing to qualify for the 2022 National Merit Scholarship Program, follow [this link](#) for additional instructions and an alternate application process. An SAT test is required as part of the alternate application process.

PPS is continuing to plan for a spring SAT test opportunity for juniors in March or April. State guidelines and restrictions, and local health metrics will determine whether PPS will be able to offer this opportunity to students. All students have access to the free Official SAT Practice on Khan Academy at [khanacademy.org/sat](https://khanacademy.org/sat).

For additional information from the College Board about Coronavirus updates, related testing opportunities and closures, go to [pages.collegeboard.org/sat-covid-19-updates](https://pages.collegeboard.org/sat-covid-19-updates).

Advanced Placement Tests will take place in May - **Registration for students taking AP classes in the second semester will open January 25-March 2.** Registration for Fall AP students has closed, but you may contact [Anna Lortz](#) at the PPS District office to register. There is a \$40 late order fee. AP testing provides the opportunity for students to earn college credit for a course in addition to their high school credit. See AP courses offered at Grant [here](#). In order to receive the college credit, the student must show proficiency on the College Board's AP test for that subject. AP tests take place across the world the first two weeks in May. The possible scores on these test range from 1-5, if a student scores a 3 or higher, higher education institutions will often recognize this and accept it as college credit. This can be a money saver when a student goes to college as it usually reduces the courses they are required to take to graduate. A student receives their high school class credit as long as they pass the class; taking the AP test is not required.

If you have any questions please contact Joe Mitacek at [jmitacek@pps.net](mailto:jmitacek@pps.net) or April Martin at [amartin2@pps.net](mailto:amartin2@pps.net).

- ***GRANT STUDENT STORE IS NOW ONLINE!***

We are pleased to announce our brand new online Grant Online Store! We would like to offer you a limited selection of brand-new items. There will be more items and specials posted as we navigate our new setup, as the in-person student store is currently closed. Thanks for your school-spirit and for supporting the Grant High School community." [Start shopping now!](#)

- **THE ROSE FESTIVAL COURT TRADITION CONTINUES!**

The mission of the Rose Festival Court program is to provide scholarships for higher education, to promote community outreach and volunteerism, to offer networking and mentoring opportunities to outstanding young women in a program that perpetuates an appreciation for Rose Festival history and tradition. The program is open to all 11th and 12th grade female identifying students. For more information visit the [Rose Festival Court page](#). [Applications](#) are due by February 24, 2021. If you have any questions please contact Sue Davis at [sdavis@pps.net](mailto:sdavis@pps.net). Below are several opportunities to learn more about the Rose Festival Court Program:

Topic: Rose Festival Court Info Session - Join the Court!

- \* Thursday, January 28, 6:30pm
- \* Saturday, January 30, 1pm
- \* Tuesday, February 2, 6:30pm

Parent/Student Court Program Overview - Q&A about judging, and the benefits of the program

- \* Tuesday, February 9, 7pm
- \* Thursday, February 18, 7pm
- \* Saturday, February 20, 1pm

Zoom Meeting Link

<https://us02web.zoom.us/j/84089401010?pwd=VTJhL1VoUGxubzEwYlZNTkhFZEZsZz09>

Meeting ID: 840 8940 1010

Passcode: 186284

One tap mobile

+13462487799,,84089401010#,,,,\*186284# US (Houston)

- **SENIOR DEADLINES**

**2020/2021 Yearbooks on sale now in SchoolPay!! \$65**

Seniors: Class of 2021. What you need to know: **THERE IS STILL TIME! Currently accepting late senior portraits/quotes. Upload ASAP!** All Yearbook Submissions must be submitted electronically. Click on the links below for submission information.

- [Senior Portraits](#)
- [Senior Quotes](#)

**BABY AD'S ARE SOLD OUT!**

**Diploma Name Submissions.**

Please fill out the name you want on your Diploma by going [here](#). Remember that only seniors can do this while signed on to a PPS site. Submissions will close on January 5, 2020. After that time your full legal name in Synergy will be used on your Diploma.

**Borrowing a Cap & Gown:**

I have a limited number of caps and gowns that can be borrowed ([amartin2@pps.net](mailto:amartin2@pps.net)). This is on a first come first serve basis. Most students usually borrow the cap and gown then buy a tassel of their choice. You can also buy just the Cap and Tassel if you wish to decorate your cap for graduation. You can contact Josten's directly at 503-255-7120 for these.

Remember there is lots of great information on the Grant Website about graduation. Go to <https://www.pps.net/domain/2618>. Please contact April Martin [amartin2@pps.net](mailto:amartin2@pps.net) if you have any questions.



- **MESSAGE FROM COUNSELORS**

**Portland Evening Scholars Credit Recovery Program Spring Session Information:**

- Registration for classes will open around February 1st.
- Pre-registration begins with each student's counselor
- Classes will tentatively run as 13 classes per course from 2/22-5/27.
- Spring term will be under comprehensive distance learning.
- No registration fee for PPS students.

**Portland Summer Scholars Information:**

- Very tentative dates for Summer Scholars are 6/25-8/31.
- The structure of the program has not yet been determined, so more details to follow.

**Virtual On-site Application help:**

- Jan. 20th - Erin Evans from **Southern Oregon University** - 2-3pm
- For all application workshops **join with this link:**  
<https://pps-net.zoom.us/j/82522889790>

Come and apply! Application fees will be deferred or waived. Stay tuned for more colleges to come.

**FAFSA Help:** Seniors and your families, do you still need help completing your FAFSA? You're in luck! PPS FAFSA Completion Help Night is Wednesday, January 13th from 6pm-8pm.

Please register in advance:

<https://www.eventbrite.com/e/january-pps-fafsa-completion-night-for-all-pps-senior-families-tickets-133377095483> Here is the link to the flyer:  
[https://drive.google.com/file/d/1AguVjZFO-arx-IRcAWSD\\_kAOrj4S888g/view](https://drive.google.com/file/d/1AguVjZFO-arx-IRcAWSD_kAOrj4S888g/view)

- **COLLEGE AND CAREER CENTER NEWS**

Calling all creatives. Take a look at the workshop offerings from the Bodecker Foundation and sign up today: [Bodecker Foundation Workshops and Academies](#). Starts in February but don't delay. Spots are going fast.

- **LIBRARY NEWS**

**END OF SEMESTER BOOK RETURN**

Please return any textbooks and library books you have checked out. Materials can be turned in at the front doors of Grant Tuesday, January 19th - Thursday, January 28th, 3 - 6 p.m. and Friday, January 29th, 8 a.m. - 4 p.m.

Poetry Out Loud - THURSDAY, FEBRUARY 4th @ 6 p.m.

Hear students recite poetry as they compete in the first phase of the national [Poetry Out Loud](#) competition. ALL GHS community is welcome to attend as muted audience members. [Register](#) for tickets to attend the LIVE Zoom event.

Spoken Word Club will be meeting on Tuesday, January 19th at 12:15 p.m. Email Librarian Paige Battle ([pbattle@pps.net](mailto:pbattle@pps.net)) for meeting link.

**LITERARY COMPETITIONS/CONTESTS**

Annual Jakob and Sala Kryszek Art and Writing Competition

This competition is open to middle and high school students. This year's prompt asks students to reflect on Holocaust history and create a piece of writing or work of visual art that

considers the role that laws played in the discrimination against and persecution and genocide of Jewish people, and the importance of civic responsibility and engagement. The two Grand Prize winners — one for art and the other for writing — will win a trip to Washington D.C. to visit the United States Holocaust Memorial Museum for themselves, a guardian, and their teacher! The submission deadline is March 19, 2021. You can find the prompt, guidelines, and other important information on this [website](#).

- **ACTIVITIES AT GRANT**

- **Join the Grant Unified Team**

Unified Basketball will start the week of January 18th. If you are interested in being a Unified Athlete or Partner for basketball season, please email me ASAP at [abrooks1@pps.net](mailto:abrooks1@pps.net)

- **Student Clubs are Happening!**

It's not too late to start or charter your club! ALL clubs are required to submit a yearly [Club Charter](#). Students can view the first release of the club video by logging in to the "Advisory" course on Canvas. This is not a comprehensive list of clubs, the full list will be posted on the website soon and additional versions of the club video will be shared as we welcome newly chartered clubs. Stay tuned for an affinity group/student union specific video coming soon. Questions? Contact Erin McNulty ([emcnulty@pps.net](mailto:emcnulty@pps.net)), Student Activities/Leadership. If you are interested in joining a student club, please visit the website [here](#) and contact club leaders directly using their provided information.

- **ATHLETICS**

**Athletics: OSAA Moves Start to February, Keeps Three-Season Plan. Please visit this [link](#) for the story and [here](#) for a revised calendar.**

For a letter from Grant's Athletic Director, on Covid-19 practices and registration information, please visit: <https://www.grantathletics.com/>

- **Athletic Academic Requirements**

An athlete's eligibility to participate in OSAA sponsored sports depends, among other things, on:

- The student-athlete's grades AND
- The student-athlete making satisfactory progress toward meeting graduation requirements

For more information on athletics, clearance, academic requirements please visit our [website](#)

- **CONTRIBUTING TO GRANT**

Grant High School is able to offer enhanced learning opportunities for students because of your support and contributions. We are very thankful for your commitment to our programs and the success of our students. Families are not required to contribute.

**To contribute:** Please use [SchoolPay](#). This is a PPS online web tool that allows families to make contributions without having to make a special trip to the school or send a check. It also provides the convenience of paying by Visa, MasterCard or Discover Card online. There is no additional fee for using SchoolPay. If you do not see your student's class listed, please feel free to contribute to the **Grant Classroom Support link** in SchoolPay. There is also a **General School Donation link** to support student learning and engagement.

Here is the [link](#) to a list of suggested contributions. If you have any questions regarding SchoolPay, please contact our Bookkeeper, Darcie Papasadero, ([darciep@pps.net](mailto:darciep@pps.net)).

- **PARENTVUE AND YEARLY VERIFICATION ASSISTANCE**  
If parents have not completed the required Yearly Verification they will be unable to use ParentVUE. Here is the ParentVUE [website](#) for more information. If you need assistance please contact [fmccarty@pps.net](mailto:fmccarty@pps.net) or [sdavis@pps.net](mailto:sdavis@pps.net)

- **HOP PASS INFORMATION**

If you have not received your Student ID and are in need of the HOP Pass, please contact the school. If your HOP Pass is not working please contact the school, not Trimet, to help you with any issues you may have with the card. If you have lost your card please contact Trimet's Lost and Found (503-962-7655) to see if they have the card. If they do not have the card contact the school to have another one printed for you. Also, if you have a new card made and then find your old card do not destroy it, hold onto it. If you lose the new one we can always reactivate the old one. Contact April Martin at [amartin2@pps.net](mailto:amartin2@pps.net) for all HOP Pass issues.

- **HEALTH RESOURCE INFORMATION:**

- [Student Health Centers](#) Open

The [Benson Wellness Center](#) is a Certified School-Based Health Center. We are open and ready to serve all PPS students regardless of ability to pay. Important info:

- Students are seen by appointment only: Sorry, no walk-ins
- Hours for Primary Care (medical) visits:

In person:

Tuesday afternoons 1-5

Wednesday mornings 8-12

Thursday afternoons 1-5

Virtual visits Monday-Friday 8-5

- Step 1: New patients need to first register with OHSU by calling OHSU patient registration: 503-494-8505

- Step 2: Next, schedule your appointment by calling 503-418-0409

- Directions: Located at Benson High School: 546 NE 12th in the back of the building.  
Directions: From NE Irving st: head SOUTH on NE 15th Ave. Turn into the parking lot at the back of the school building. Look for signs marking the entrance to the Wellness Center.

●  
**One-Stop Resource for Food Needs.** [NeedFood.Oregon.gov](http://NeedFood.Oregon.gov) is a one-stop website for new and existing food needs during the pandemic.

Multnomah County [Student Health Centers](#) are open at David Douglas, Parkrose and Roosevelt high schools for in-person health services and mental health counseling this fall, while schools are engaged in distance learning. Phone and video appointments are also available. Any Multnomah County K-12 youth can access care at any center and there are no out of pocket costs.

**Health and Human Services Resources Webpage of Community Resources.** Check out the new Health and Human Services Resources web page---a "[one-stop resource shop](#)" covering a wide range of topics to support the health and human services needs of the community.

- **NEWS FROM OUR SCHOOL NURSE** Flu vaccine and COVID-19 testing will be offered every Wednesday, Dec. 2 through March 31, 2021 from 11 a.m. to 6 p.m. at PCC's

- **NUTRITION SERVICES**

Due to Martin Luther King Jr.'s Day falling on a meal service day, the Nutrition Services department will be providing extra meals on Friday, January 15 and Wednesday, January 20 in order to continue to cover meals for all 7 days. On Friday, January 29 (a teacher planning day), meal services will continue as scheduled. Thank you for sharing updates with your school community.

For PPS families not near a meal pickup location or who need assistance accessing meals and would like to request home meal delivery, please contact [nutritionservices@pps.net](mailto:nutritionservices@pps.net) with:

- Family name
- Address (where meals should be delivered)
- Contact phone number
- Number of children in the household
- School(s) attended

Requests submitted by end of day Monday, will begin receiving meal deliveries on the following Monday. For cancellations, changes or updates, please contact [nutritionservices@pps.net](mailto:nutritionservices@pps.net). Please feel free to visit our [website](#) or contact us at [nutritionservices@pps.net](mailto:nutritionservices@pps.net) with any questions. Whitney Ellersick, Senior Director, Nutrition Services, [wellersi@pps.net](mailto:wellersi@pps.net)

- **STATE PROGRAM OFFERS FAMILIES HELP TO PAY FOR FOOD**

As our community deals with fallout of the coronavirus pandemic, we want to make Portland Public Schools families aware of a state benefit to help pay for food. The Pandemic Electronic Benefit Transfer program, or P-EBT, is available to help families offset the cost of meals that would have been consumed at school. It is administered by the Oregon Department of Human Services.

The P-EBT benefit is available to families with a student who qualifies for free or reduced-price meals and any student enrolled in a Community Eligibility Provision (CEP) school. For those families:

- Households who qualify for the Supplemental Nutrition Association Program (SNAP), which offers food benefits to eligible, low-income individuals and families, will have benefits automatically deposited to their existing EBT accounts. There is no additional paperwork to submit to receive P-EBT benefits.
- Households who currently qualify for free or reduced-price meals or attend a CEP school will receive an Oregon Trail Card in the mail along with instructions on how to activate or refuse benefits. There is no additional paperwork to submit to receive P-EBT benefits.

For families not currently eligible and seeking benefits:

- Households financially impacted by COVID-19 may qualify for SNAP. See the program's website to learn more.
- Families who have experienced income loss may now be eligible for free or reduced-price school meals. Apply online at [pps.net/nutrition](https://pps.net/nutrition).

For assistance with submitting a meal application, please contact the PPS Meal Benefits Office: [mealbenefits@pps.net](mailto:mealbenefits@pps.net) or 503-916-3402.

For Pandemic-EBT questions, please contact the Oregon Department of Human Services.

- **THE SAFEOREGON TIP LINE**

In keeping with our commitment to student safety, last October PPS joined school districts across the state in using the SafeOregon Tip Line. We want to remind you about this important resource.

SafeOregon was funded by the Oregon Legislature as part of a statewide effort to improve school safety. **It provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations, such as threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation or self-harm.**

Anyone, from students to parents to community members, can access the system in a variety of ways, including:

- > The “Report unsafe behavior” button found on every PPS school’s website
- > The [SafeOregon website https://www.safeoregon.com/](https://www.safeoregon.com/)
- > A live call/text (844-472-3367)
- > An email to [tip@safeoregon.com](mailto:tip@safeoregon.com)
- > The mobile app that can be downloaded from your Smart Phone via iTunes or Google Play

Trained staff are available 24 hours a day, 365 days a year, to respond.

Please be sure to share this information with your friends and family. Remind your students: **If you see or hear something, say something – immediately.**

- **PPS STUDENT AND FAMILY SUPPORTS**

With the challenging times we all find ourselves in, PPS is particularly committed to ensuring our students and families are supported in a variety of ways. Staff from across all Portland Public Schools departments came together this summer with our culturally specific community partner organizations to build a detailed plan that reflects the needs of those we serve. We are very pleased to share with you today the [PPS Menu of Student and Family Supports](#).

This menu shows what we are currently offering to students and families and is listed by school. The menu includes details about:

- Academic Supports
- Belonging and Connection Services
- Family Supports and Resources
- Culturally Specific Supports

The menu will be updated regularly. It is currently being translated and will be available soon in all PPS-supported languages.

- **GUN SAFETY FOR STUDENTS AND TEEN SUICIDE PREVENTION**

Encouraging families to securely store their guns can save a student's life, especially during times of social isolation. Parents can get free gun locks from the Multnomah County Sheriff's Office and the Portland Police Department.

Information about gun safety:

<https://besmartforkids.org/>

<https://projectchildsafesafe.org/parents-and-gun-owners>

Information about teen suicide;

<https://www.oregon.gov/oha/ph/PreventionWellness/SafeLiving/SuicidePrevention/Pages/pla>  
[n.aspx](https://www.hsph.harvard.edu/means-matter/)  
<https://www.hsph.harvard.edu/means-matter/>

- **2020-21 SCHOOL DISTRICT CALENDAR**

Posted on the [district website](#)

- **ADDITIONAL COMMUNICATION TOOL**

PPS has shifted family, student and staff communication to a new tool that gives schools the ability to send texts about emergencies, closures, delays and other important news. To receive text notifications, you must opt in to the service. **You opt in by texting YES to 68453.** Parents and students should confirm their cell numbers listed in the student information system. Staff should confirm their cell numbers are the “primary” number in the PeopleSoft system. For more information about texting, go to [www.pps.net](http://www.pps.net) and click on the “Mobile First” button.